



# Institute of Pranic Healing UK & Ireland

## UK Arhatic Yoga Retreat 2020

### Local Accommodation

#### **HOTELS Maidenhead**

(Retreat Venue - Holiday Inn, Manor Lane Maidenhead SL6 2RA)

#### **Fredrick's Hotel, Restaurant & Spa**

Shoppenhangers Road, Maidenhead, Berkshire SL6 2PZ

Website: <https://www.fredricks-hotel.co.uk/>

Tel: 01628 581000

#### **Premier Inn**

Kidwells Park Drive, Maidenhead, Berkshire SL6 8AQ

Sat Nav Directions: SL6 8TZ

Website: <https://www.premierinn.com/berkshire/maidenhead>

Tel: 0871 527 9520

#### **Travelodge**

99 King Street, Maidenhead, Berkshire SL6 1DP

Website: <https://www.travelodge.co.uk/Maidenhead>

Tel: 08719 846 456

#### **HOTELS Windsor**

(Distance from Maidenhead approx. 8 miles/12km)

#### **Clarion Collection Harte and Garter Hotel and Spa**

Website: <https://www.harteandgarterhotel.com>

Tel: 0330 390 0494

#### **Sir Christopher Wren Hotel and Spa**

Website: <https://sirchristopherwren.co.uk>

Tel: 01753 442400

#### **Travelodge Windsor Central**

Website: <https://www.travelodge.co.uk/Windsor>

Tel: 0871 984 6331

#### **Castle Hotel, Windsor - MGallery Hotel Collection**

Website: <https://www.accorhotels.com/Windsor>

Tel: 01753 851577

#### **Macdonald Windsor Hotel**

Website: <https://www.macdonaldhotels.co.uk/windsor>

Tel: 0344 879 9101

#### **Holiday Inn Express Windsor**

Website: <https://www.ihg.com/holidayinnexpress/Windsor>

Tel: 01753 85754

